The effects of fatty acids of *Nigella sativa* seeds on apoptosis and oxidative stress induced by doxorubicin in PC12 cell line as a neuronal model

S. Soheili, I. Alikhani, N. Ghasvand, F. Jafari, F. Ahmadi, L. Hosseinzadeh, Y. Shokoohinia

1Student Research Committee, School of Pharmacy, Kermanshah University of Medical Sciences, Kermanshah, Iran.

2Pharmaceutical Sciences Research Center, School of Pharmacy, Kermanshah University of Medical Sciences, Kermanshah, Iran.

**Background and objectives:** *Nigella sativa* seeds possess anti-inflammatory, antioxidant, tranquilizer, chemoprotective and antineoplastic effects. They seeds are important nutritional flavoring agents and natural remedies for many ailments. We have investigated the protective effects of *N. sativa* seed fatty acids against doxorubicin. **Methods:** Compounds from the seeds of *N. sativa* were purified and structures illuminated by NMR. PC12 cells were cultured in DMEM medium containing 10% v/v fetal bovine serum and 100 unit/mL penicillin. Cell viability was determined by MTT assay. Intracellular ROS levels were examined using DCF-DA. The oxidation of this molecule to flourchrome DCF results in green florescence. The intensity is considered to reflect the level to which ROS are present. PC12 cells were pretreated for different time interval with *N. sativa* hexane extract and its fraction then with doxorubicin. **Result:** We found that pretreatment with some of *N. sativa* fractions increased cell viability compared to cells treated with DOX alone. As anticipated, adding DOX (5 µM) to PC12 cells caused a significant increase in ROS level. The pretreatment with *N. sativa* hexane fraction decreased significantly. Intracellular caspase 3 level exhibited a significant decrease in caspase 3 activity and compared to cells treated with IC₅₀ concentration of DOX alone. Compared to the group treated with DOX alone, fluorescent intensities increased after the use of some fractions. The effective components were oleic acid, caprylic acid, palmitic acid. **Conclusion:** The results showed that polyunsaturated fatty acids from the *n*-hexane fractions were able to protect PC12 cells from apoptosis induced by DOX.

**Keywords:** caprylic acid, oleic acid, oxidative stress, palmitic acid